

# WHAT'S NEW SINCE COMMUNITY TALK?



In May, Strathcona County Council approved a Social Framework Policy that intentionally shifts how the community collectively works on social priorities in Strathcona County. The framework's unique approach reflects the ingenuity of the multiple agencies, organizations, levels of government and citizens who co-created it.

Since May, partners have been gathering to discuss community-driven responses to the varying social needs of those who live and work in Strathcona County. We are just getting started on this collective journey and learning as we go.

In the meantime, Family and Community Services has been realigning its programs and services to better meet the social needs of our community. Some of our redesigned supports include:

## NEW! WALK-IN COUNSELLING SESSIONS

Family and Community Services is offering professional walk-in counselling sessions. Counselling fees are "pay what you can afford" within the range of no cost to \$90/session (2017 Counselling Fee Schedule).

**MONDAY** 9 a.m. to 3 p.m. ....last session at 2 p.m.

**TUESDAY** 1 p.m. to 9 p.m. ....last session at 8 p.m.

**WEDNESDAY** 8 a.m. to Noon .....last session at 11 a.m.

**THURSDAY** 1 p.m. to 9 p.m. ....last session at 8 p.m.

**FRIDAY** 9 a.m. to 3 p.m. ....last session at 2 p.m.

For more information: [www.strathcona.ca/counselling](http://www.strathcona.ca/counselling) or call **780-464-4044**.

## FREE ADULT COUNSELLING GROUPS

Weekly groups are designed for adults to gather together for support and encouragement. The professionally facilitated weekly format provides opportunity to discuss and strategize how to navigate life's challenges. Registration occurs upon arrival.

**MONDAY** Understanding Emotions ..... 3 p.m. to 4:30 p.m.

**TUESDAY** Men's Group ..... 6:30 p.m. to 8 p.m.

**WEDNESDAY** Communications Tools ..... 6:30 p.m. to 8 p.m.

**THURSDAY** Women's Group ..... 6:30 p.m. to 8 p.m.

**FRIDAY** Next Steps for Support..... 3 p.m. to 4:30 p.m.

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