Note: Fill in the month and dates, and post this calendar on your refrigerator. Then, encourage your child to do an activity a day.

Pine Street Elementary Principal Tracey Arbuthnott

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SUNDAY	MONDAY	End a	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Write a "cal- endar story." Each day of the month, the date tells you how many words to add to your tale. Write one word on the 1st, add two words on the 2nd, add three words on the 3rd, and so on.	Be a kindness crusader! Start a mis- sion to do "random acts of kindness." <i>Examples</i> : Compliment someone. Pick up litter at the park.	Ask relatives about their jobs. What are their duties? How did they train? What do they like best about their work?	Read a book with a parent. Afterward, ask each other questions about it. <i>Example</i> : "Which character would you like to meet? What would you say to him or her?"	Make up per- sonalized word prob- lems for each other. A problem for a parent wh gardens might be: "You have 4 rows of tomato plants. Each row has 3 plants. How many plants are there in all?"
Research your favorite ani- mal in library pooks or online. Tell a parent what you learn about the animal's nabits.	Do an activity that takes perseverance. You might build a house of cards, learn to crochet, or teach your dog a new trick.	Pick a word you write fre- quently, such as great. With a parent, take turns coming up with synonyms (words with similar meanings). Examples: terrific, cool, stupendous.	Show empa- thy for some- one today. If it's hot outside, offer water to the mail carrier. If a sibling is nervous about a test, write an encouraging note.	Find creative uses for items you find around the house. Kitchen tongs might help you reach a toy that fell behind the couch. Or glue expired coupons on index cards and invent a card game.	Draw a map of a familiar place like the park or the grocery store. Label the areas, and include a key. Example: = produce section \$ = checkout lanes	
Use a ruler and pencil to draw traight, crisscrossing ines on paper. Color each ype of shape you create vith a different color rrayon. <i>Examples</i> : blue riangles, yellow rapezoids.	Play a mem- ory game. Each player says three words (<i>pizza</i> , <i>cat</i> , <i>dollar</i>) for the other person to repeat in reverse order (<i>dollar</i> , <i>cat</i> , <i>pizza</i>). Try again with four words.	Read lists of ingredients on foods in the pantry and refrigera- tor. How many contain sugar? (<i>Hint</i> : Sugar has many names, and some end with <i>-ose</i> , such as glucose, fructose, and sucrose.)	Put spice jars in ABC order. Smell unfa- miliar spices like cumin or thyme. What foods might taste good with them?	Have a con- versation with someone, and role-play listening respectfully. Then, take turns interrupting each other while you chat. Which is more pleasant?		Each day, draw a sym- bol (sun, rair drop) for the weather or a sticky note. After a month, arrange the notes to make a graph Which type of weather was most common?
Interview a family mem- ber and write a short biography. Include the person's birthday, nobbies, and goals.	Deal 10 play- ing cards to each family member. Make the lon- gest pattern to win. Use colors (red, black, black, red, black, black) or numbers (odd, even, odd, odd, even, odd, odd, odd, even).	Be a helpful neighbor. You might offer to take trash cans to the curb or water flowers for a mother with a new baby.	Play a game that involves money, such as Monopoly or Life, with family or friends. Be the banker—you'll practice handling money and making change.	Hold a back- ward spelling bee! Take turns giving each other words from your spelling list or a dictionary. Write the word, then spell it aloud backward. If you misspell it, you're out. The last player to spell a word correctly wins.	Engineer something from a favor- ite book. You might weave yarn around a hula-hoop to make a spi- der web from <i>Charlotte's</i> <i>Web</i> (E. B. White).	
Brainstorm examples of tattling (trying to get someone in trou- ble) vs. telling (getting help). For instance, "She touched my toys" is tat- tling, while "My friend is being bullied" is telling.	Read poems aloud. Focus on rhythm by drumming along on a pot with a wooden spoon. Which syllables are emphasized?	Plan a special "friendship night."You and a friend can take turns choosing activities like dancing to music or shooting hoops.	Close your eyes, spin a globe, and point to a location. Then, learn about the place by reading library books or researching it online (try <i>kids.nationalgeographic</i> .com).			

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	rigerator. Then, lo an activity a day. ool Connection				МО	ΝΤΗ
Daily SUNDAY	Caler. MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Rewrite a fairy tale by changing the characters and setting. For instance, change "The Three Little Pigs" to "The Three Little Jaguars."The story could take place in a rain forest.	Look on the bright side by thinking of silly ways a minor annoy-	Observe the effects of water pollu- tion. Fill a clear jar half- way with water. Each day, add a new "pollut- ant" (soil, vege- table oil, toothpaste).	Write a thank- you note to someone who helps you. You might thank a friend for recommending a book or a parent for making you a special snack.
Do a jigsaw puzzle—but first, read the dimensions on the box. Then, measure tabletops to find one that's big enough.	Team up with family mem- bers to do a home project. You might organize the pantry or garage, rearrange furni- ture, or wash the car.	Hold a family book awards ceremony. Think of categories like "Kindest main character" and "Most scenic setting." Nominate books and vote on winners.	List ways to make your daily routine run more smoothly. If mornings are rushed, you might include "Set alarm 10 minutes earlier."		3	Assign an activity to each letter of the alphabet ($A = 10$ situps, $B = 5$ arm circles). Your family can get a workout by "spelling" each other's names.
Write a mes- sage for a family mem- ber, such as "Let's play catch after dinner." Cut the words apart, scram- ble them, and have the person put them in the right order.	How can you communicate with people who speak other lan- guages? With a parent, take turns silently acting out simple sentences like "It's hot out today!"	Find ways to flip negative statements so they're positive. If you catch yourself saying, "The weather is yucky," you could say, "Let's snuggle up and listen to the rain."	Go outdoors with a parent, and gather natural objects (leaves, twigs) from the ground. Now sort them by color, size, texture, or shape.	Explore cause and effect with domi- noes. Stand them on end in rows, zigzags, spirals, or other designs. Then, topple the first domino to knock them down. Each domino transfers its energy to the next one in line!	Your backpack should weigh no more than $\frac{1}{5}$ of your weight. Esti- mate how many books it could hold without becoming too heavy. Then, weigh yourself with and without your backpack to check your estimate.	Write one sentence that tells ("Jack was hungry") and one that shows ("Jack raided the fridge"). Which one is more interesting?
Series books are great for getting hooked on reading. Read the first book in a series that looks interesting to you. What do you think will happen in the second one?	When you talk to people today, pay attention to the color of their eyes. This strategy helps you remember to make eye contact during conversations.	Try your hand at "coding." Draw a maze and write instructions— using symbols—for navigating it. <i>Example</i> : ▲ = turn left ■ = go straight	Make a "vision board" by writing your goals on poster board.	Write a letter to the city or county coun- cil on an issue that's important to you. Maybe your persuasive writing skills will convince them to purchase new play- ground equipment, for instance.	Survey family members about their favorite things (food, color, song). Include rela- tives who don't live with you by calling them. Then, share the results over dinner.	Play a back- yard game, and look for chances to show good sportsmanship. <i>Exam-</i> <i>ples</i> : Congratulate win- ners. Compliment a losing opponent on a good catch.
With a parent, take turns making up new titles for books and guessing the real titles. You might think of <i>Sam</i> <i>Tries New Breakfast Foods</i> (<i>Green Eggs and Ham</i> by Dr. Seuss).	Brainstorm a list of adults who could help if you're bullied or witness bullying. Choose people in different loca- tions. <i>Examples</i> : bus driver, teacher, camp counselor, babysitter, cafeteria monitor.	Practice explaining your math thinking. Tell a parent, sibling, or pet about a math problem you solved today and explain how you got the answer.	Discover fam- ily history by becoming a pen pal with an older rel- ative. You might tell the person what you're learning in school and ask to hear family stories.	11.		

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